

Fabrication of antimicrobial films based on hydroxyethylcellulose and ZnO for food packaging application

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ABSTRACT

The study aims to prepare antimicrobial films for food packaging using hydroxyethylcellulose (HEC) biopolymer to decrease environmental problems of synthetic polymer. Different ZnO concentrations (0.05, 0.1, and 0.2 %) were incorporated into HEC. The citric acid (CA) was used as a crosslinker for HEC and the casting method was used to prepare HEC/CA and HEC/CA/ZnO films. The prepared films were characterized by FT-IR, XRD, TGA and SEM. Also, mechanical, wettability and antimicrobial properties were examined. The presence of ZnO particles in the films was confirmed by XRD. SEM showed surface morphological differences between HEC/CA and HEC/CA/ZnO films. HEC/CA/ZnO film inhibited the growth of *Staphylococcus aureus* (91.4 %) and *Escherichia coli* (61.7 %) bacteria. Consequently, the prepared films consider a promising material for food packaging application.

1. Introduction

Recently, there is an increasing interest for films based on natural polymers, as they proved a wide range of applications (Hamid, Abolfazl, Ali, Marija, & Seyran, 2019; Shiv, Long-Feng, & Jong-Whan, 2019). The application of biopolymers in food packaging as an alternative to synthetic polymers has increased due to its degradability, availability, biocompatibility, relatively low cost, and nontoxicity (Kanatt & Makwana, 2020; Shiv et al., 2019). Some natural polymers have been used for packaging films like carrageenan, chitosan, alginate, and starch (El-Fawal, 2014; Tabassum & Khan, 2020; Wang, Lim, Tong, & Thian, 2019). Polysaccharides are attractive biopolymers owing to their good colloidal nature, film-forming ability, reasonable gas barrier and mechanical strength properties (Yu, Shen, Song, & Xie, 2018; Zeng, Li, Chen, & Zhang, 2019). Also, it has many biological activities, like antitumor (Xie et al., 2020), antioxidant (Ji et al., 2019; Mirzadeh, Arianejad, & Khedmat, 2020), antibacterial (Mirzadeh et al., 2020), hepatoprotective (Wang, Luo, Chen, Zha, & Pan, 2015), immunological activities (Li et al., 2017), and anti-inflammatory (Zhang, Pan, Ran, & Wang, 2019). But, film properties and antimicrobial activity of those polysaccharide-based films depend on the type of polysaccharide and

active antimicrobial agent used (Kanmani & Rhim, 2014). Hydroxyethylcellulose (HCE) is one of the significant cellulosic ether derivatives and approved by the U.S. Food and Drug Administration (FDA). Owing to its low toxicity, non-immunogenicity and biocompatibility, it was used as thickener or binder, or as a protective suspension and colloid stabilizer in many applications, such as coating, biomedical and food applications (Aqdas et al., 2019; Kanmani & Rhim, 2014). For example, HEC with silver nanoparticle was used as a scaffold for skin tissue engineering applications (Zulkifli, Hussain, Zeyohannes, Rasad, & Yusuff, 2017). Also, HEC with hyaluronic acid was used as a wound dressing material (Pengfeng, Liangling, Wenyan, Lihong, & Min, 2018).

Nanofillers are additives in solid form (nanoparticles), which differ from the polymer matrix in terms of their composition and structure with particle sizes in the 1–100 nm range (Poole & Owens, 2003). Some of these nanoparticles (e.g., ZnO, Fe₃O₄, Ag, and TiO₂) possess good stability, hydrophilicity, nontoxicity, and low cost (Mittal, 2016). Nanofillers play two roles in polymer blends. The first is the enhancement of several properties such as barrier, mechanical, thermal, and electrical properties. The second is the modification of miscibility/compatibility and morphology of polymer blends (Roberto & Luigi, 2014; Yoksan & Chirachanchai, 2010). When nanofillers were added to suitable

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polymer matrix, they can be used in different applications such as separation and purification (Ahmed, Marcel, Ahmed, & Mathias, 2019), biomedicine (Ghassane et al., 2019), and food packaging (Olusola, Sisanda, Freeman, Williams, & Peter, 2019; Raghunath & Perumal, 2017). Zinc oxide - one of the nanofillers - is attractive in the food packaging industry because it has a wide spectrum of antimicrobial property (Maharubin et al., 2019). The Food and Drug Administration has recorded ZnO as safe substance (GRAS). ZnO has been added to various polymers to produce antimicrobial food packaging materials. For example, Ahmed, Mulla et al. (2019) incorporated (ZnO) nanoparticles into polylactide/polyethylene glycol/polycaprolactone and they found that the composite showed excellent antibacterial activity. Thi, Thi, Thi, and Pornchai, (2018)) prepared nanocomposite film through a combination of pectin/alginate and ZnO and they found that the film presented a potential application as edible films. These studies confirmed that the addition of ZnO could enhance the antibacterial performance of the film.

This study aims to prepare antimicrobial films using HEC biopolymers with nanofillers (ZnO) to get bio-based film for food packaging application, consequently decrease the environmental problems of the synthetic polymer. The films were characterized by Fourier transform infrared spectroscopy (FT-IR), X-Ray diffraction (XRD), and Scanning electron microscope (SEM) analysis. Besides, mechanical and wettability properties were examined. The films antimicrobial activity was tested against Gram-positive *Staphylococcus aureus* (*S. aureus*) and Gram-negative *Escherichia coli* (*E. coli*) bacteria.

2. Material and methods

2.1. Material

Hydroxyethylcellulose (Mw = 250,000), citric acid (monohydrate), ZnO (dispersion, nanoparticles < 100 nm particle size), and Luria-Bertani medium (LB) were purchased from Sigma Aldrich, China. All the chemicals were used without further purification.

2.2. Methods

2.2.1. Hydroxyethylcellulose film preparation

Casting method was used for HEC/CA and HEC/CA/Zn films preparation. The HEC (2 g) was dissolved in 100 mL distilled water and stirred continuously for 1 h at 70 °C till HEC completely dissolved. The citric acid (CA) (25 % w/w) was added to HEC as a crosslinker with stirring for 2 h at 70 °C - in this case we get HEC/CA blank film. After that, ZnO (0.05, 0.1, and 0.2 %) was added to the solution with stirring for 1 h at 70 °C - in this case we get HEC/CA/Zn films. Finally, 25 mL of the solution were transferred to a Petri dish for drying (overnight, 70 °C). Then the films underwent heat treatment at 110 °C for 10 min. for the crosslinking step. The films were kept in vacuum oven till used.

2.3. Characterization

2.3.1. Fourier transform infrared spectroscopy (FT-IR) analysis

Fourier transform infrared spectroscopy (FT-IR) (Nicolet 6700, Thermo Fisher, USA) was used to record the IR spectra of HEC, HEC/CA and HEC/CA/ZnO films. Sixteen scans were collected with a 4 cm⁻¹ resolution for all spectra.

2.3.2. X-ray diffraction (XRD) analysis

Shimadzu X-ray diffraction (XRD) (7000, USA, Cu-K α radiation) was used to confirm the presence of ZnO at 1.5406 Å wavelength and step size 20. The data were collected in the range of 10 ≤ 2θ ≤ 60° - in the form of 2θ versus intensity (a.u) chart. ZnO and HEC/CA/ZnO films had undergone heat treatment at 300 °C for 5 min. before using the X-ray diffraction device.

2.3.3. Morphology of hydrogel membrane

Scanning electron microscope (SEM, Hitachi TM-100, Japan) was used to observe film morphology (surface and cross-section). The films were coated with gold before imaging (two times for 45 s).

2.3.4. Gel fraction determination

This method used to check the crosslinking process efficiency by determining the gel content percentage. The gel content of a given material was calculated by measuring the insoluble parts of a dried sample after immersion in a solvent, while the non-crosslinked fraction was dissolved and migrated to the solvent (Francis, Mitra, Dhanawade, Varshney, & Sabharwal, 2009). The HEC/CA and HEC/CA/ZnO films were dried in an oven for 6 h at 60 °C to the weight, W_0 . After that, the films were soaked in distilled water for 24 h at 37 °C (for elimination the soluble parts from the films). Finally, the films were dried in an oven for 10 h at 60 °C to weight, W_1 . The gel fraction (GF %) was calculated by

$$\text{Gel fraction (GF \%)} = [W_1/W_0] \times 100\% \quad (1)$$

Tests were carried out in triplicate and were described as a mean value.

2.3.5. Swelling behavior

Material capacity to absorb solvents was determined via swelling test. The films were cut into 1 cm × 1 cm and dried at 60 °C in an oven for 10 h to weight, W_0 . The dried films were soaked in distilled water and incubated at 37 °C. At certain time intervals, samples were weighted (W_t) after wiping off the excess surface water using filter paper. The water uptake was calculated by

$$\text{Water uptake (\%)} = \{(W_t - W_0)/W_0\} \times 100\% \quad (2)$$

where, W_t is the weight of swollen samples at a time, t and W_0 is the initial weight of samples. Tests were carried out in triplicate and were described as a mean value.

2.3.6. Mechanical properties

Universal materials testing machine (H5K-S, Hounsfield, UK) was used to examine the mechanical properties (tensile strength (TS) and elongation at break (E%)) - at room temperature. The cross-head speed was 10 mm/min. to test all specimens (10 mm × 50 mm, n = 3). The electronic digital micrometer (Mitutoyo, Japan) was used to measure specimen thickness. "E" expresses the percentage change of initial gauge length for the specimen (50 cm) at the point of its failure. "TS" was considered by dividing force (maximum load) by the initial cross-sectional area of a specimen. Tests were carried out in triplicate and were described as a mean value.

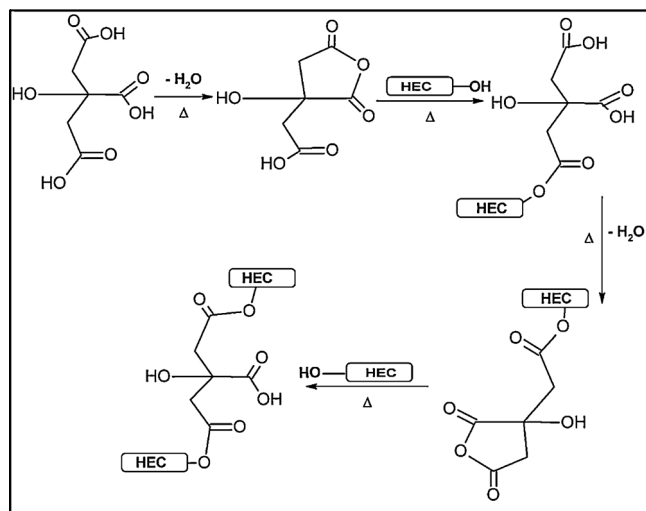
2.3.7. Antibacterial activity determination

ELIZA microplate reader assay was used to test films antimicrobial activity (Wang et al., 2010). Foodborne pathogens strain *S. aureus* (Gram-positive) and *E. coli* (Gram-negative) bacteria were obtained from the Institute of Biological Science and Engineering, Donghua University, China. LB broth medium was used to refresh the bacterial cells and incubated overnight at 37 °C. Aliquot of 500 μl of refresh bacterial strains (104 CFU/ml) was transferred to each well of 6-well plates. A square film (1 cm × 1 cm, sterilized with UV for 4 h) were added to each well in replica and incubated at 37 °C for one week. Finally, automated ELIZA microplate reader was used to determine the absorbances at 620 nm every day for one week.

The inhibition percentage was calculated by the equation:

$$\text{Inhibition percentage} = \{[A_0 - A_1]/A_0\} \times 100\%$$

where, A_0 is the absorbance of the control group and A_1 is the absorbance of the treated group



Scheme 1. Possible crosslinking reaction between HEC and CA (HEC: Hydroxyethylcellulose; CA: Citric acid).

2.3.8. Statistical analysis

All data were presented as mean \pm standard deviation (SD) and the error bars in the figures are the SDs of the data. Obtained results were statistically analyzed by SPSS software (version 22.0; IBM Corp., Armonk, NY). All statistical analysis was used one-way analysis of variance (ANOVA). Probability values (p) of < 0.05 ($p < 0.05$) were interpreted as the occurrence is statistically significant at the 0.05 level.

3. Results and discussion

3.1. Hydroxyethylcellulose crosslinking reaction

The CA has been applied in drug and food applications as a preservative and crosslinking agent (Coma, Sebti, Pardon, Pichavant, & Deschamps, 2003; El Fawal, Abu-Serie, Hassan, & Elnouby, 2018; Ghorpade, Yadav, & Dias, 2017). Different mechanisms explain the crosslinking reaction between CA and HEC. The crosslinking reaction is based on the esterification reaction between hydroxyl groups (HEC) and carboxylic groups (CA) (Scheme 1). The esterification reaction depends on anhydride intermediate formation. Carboxylic groups (from CA) undergo dehydrates to form a cyclic anhydride - under heating- that combine with hydroxylic groups (form HEC). The residual carboxylic groups dehydrate to form other intra-molecular anhydrides which combine with other hydroxylic groups. The same behavior was found when CA was used as a crosslinker for hydroxypropyl methylcellulose (HPMC) (Coma et al., 2003).

3.2. Fourier transform infrared spectroscopy (FT-IR) analysis

The FT-IR spectrum for HEC/CA and HEC/CA/ZnO films has been showed over the wavenumber range 500–4000 cm^{-1} (Fig. 1). The FT-IR spectra for HEC (powder) show the characteristics bands for it (Table 1) (Sekiguchi, Sawatari, & Kondo, 2003; Vieira et al., 2009). HEC/CA film displays the same characteristic bands for HEC besides a band at 1654.9 cm^{-1} that represent the ester group band between HEC (O–H) and CA (C=O). The same behavior was observed when HEC crosslinked using CA (El Fawal et al., 2018). The FT-IR spectra for HEC/CA/ZnO films show that the ZnO has a small effect on the functional groups intensities of HEC/CA film as a result of the interactions between HEC/CA groups and ZnO. The absorbance for –OH group, at 3445.2 cm^{-1} , decreases and shifts to lower wavenumber (3315.5 cm^{-1}) and become broad with adding ZnO. The C=O absorption band shifts to a lower frequency owing to the hydrogen bond between the crosslinked HEC/CA and ZnO. The same behavior was

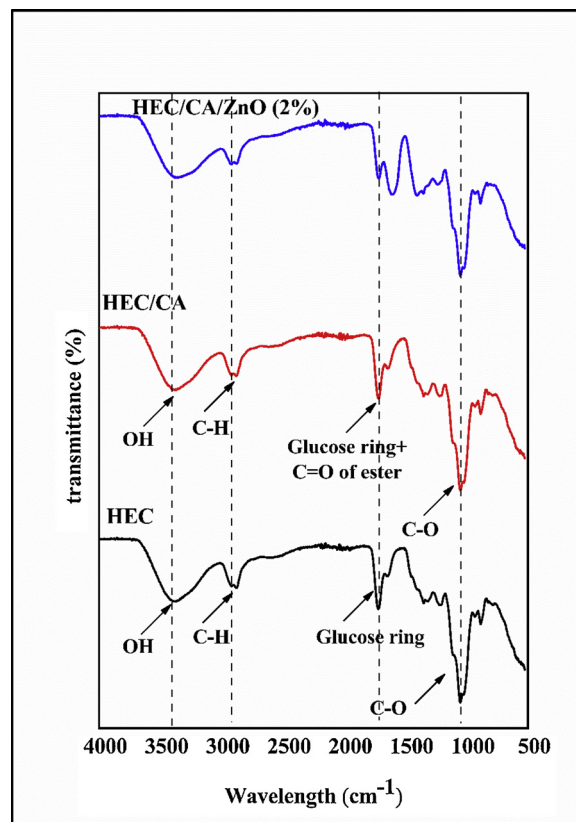


Fig. 1. FTIR spectra of HEC (powder), HEC/CA film, and HEC/CA/ZnO film (HEC: Hydroxyethylcellulose; CA: Citric acid; ZnO: Zinc oxide).

Table 1

Functional groups for HEC/CA film.

Wavelength (cm^{-1})	Assign group
3445.2	–OH group stretching of carboxylic group
2930.3	C–H of carboxylic group
1654.9	Glucose ring / COO [–]
1085.4	C–O bond

observed when ZnO was added to polyvinyl alcohol/carboxymethyl cellulose film (Abutalib, 2019). Also, those results agree with work having used HEC as a reducing and stabilizing agent in the synthesis of stable silver nanoparticles (El-Sheikh, El-Rafie, Abdel-Halim, & El-Rafie, 2013). Comparing the FT-IR of HEC/CA and HEC/CA/ZnO films, it is clear that the position of OH and C–O stretching shift little. This is evidence for the formation of a hydrogen bond between ZnO and HEC/CA. The same behavior was observed after incorporation of the ZnO with chitosan (Kumar et al., 2012).

3.3. X-ray diffraction analysis

HEC/CA and HEC/CA/ZnO films X-ray patterns are shown in Fig. 2. The HEC/CA film has no diffraction peaks and this agrees with earlier XRD pattern of polysaccharides like carboxymethyl cellulose and carrageenan (Kanmani & Rhim, 2014). The HEC/CA/ZnO film shows characteristic diffraction peaks at 2θ of 56.6, 47.6, 36.3, 34.5, and 31.8 which match to (110), (102), (101), (002), and (100) planes of ZnO, respectively (Tankhiwale & Bajpai, 2012). Similar results were reported when ZnO integrated with cellulose acetate and carboxymethyl cellulose (Anitha, Brabu, Thiruvadigal, Gopalakrishnan, & Natarajan, 2012; Ji et al., 2019; Yu, Yang, Liu, & Ma, 2009).

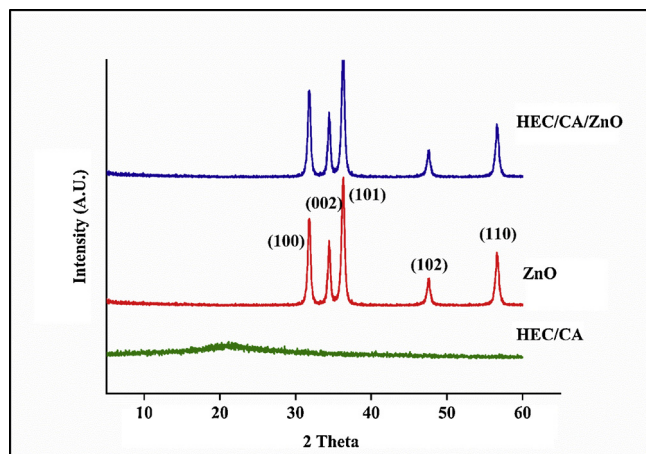


Fig. 2. X-ray diffraction (XRD) patterns of HEC/CA and HEC/CA/ZnO films (HEC: Hydroxyethylcellulose; CA: Citric acid; ZnO: Zinc oxide).

3.4. Morphology of the film

The HEC/CA film has fine morphology with a smooth surface (Fig. 3a). While HEC/CA/ZnO film displays rough surface structures with unequal and random distributed ZnO (Fig. 3b). It also shows the presence of aggregation and different shapes of ZnO. Similar results were reported when ZnO was added to polyurethane acrylate and polypropylene film (Kim et al., 2012; Paisoonsin, Pornsunthorntawe, & Rujiravanit, 2013).

3.5. Gel fraction determination

Gel fraction content is the dried film parts after soaking in water. The gel fraction percentage of HEC/CA film is 70.1 %, and it increases to be 79.2 % by using ZnO (0.05 %) (Fig. 4). Increasing ZnO

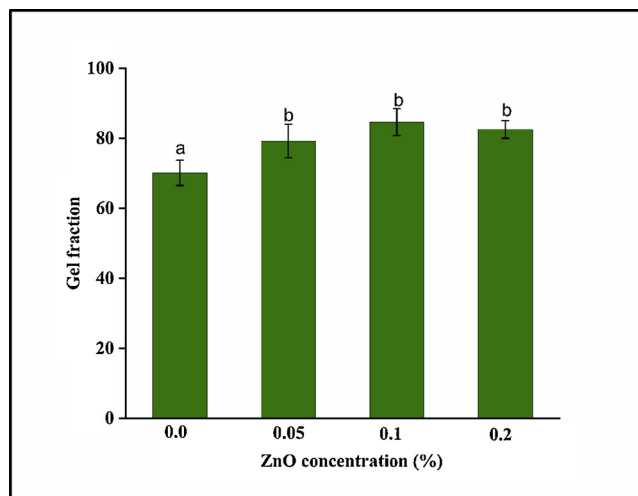


Fig. 4. Gel fraction of HEC/CA and HEC/CA/ZnO films (HEC: Hydroxyethylcellulose; CA: Citric acid; ZnO: Zinc oxide).

concentration more than 0.05 % shows an insignificant effect on gel fraction percentage. These results demonstrate that the addition of ZnO to HEC/CA film improves the cross-linking network and increases the insolubility part in water. These results agree with earlier work which stated that the film can be cross-linked with ions (multivalent), e.g., W^{2+} and Al^{3+} due to their ability to form chelation with the hydroxyl groups (Ninan et al., 2013; Yang, Zhang, Peng, & Zhong, 2000). But our results are incompatible with the work of Tingting et al. (2019) when they used ZnO with sodium alginate and they found that the gel fraction decreased as ZnO concentrations increased.

3.6. Swelling behavior

Film water uptake percentage plays a vital role in expecting the film

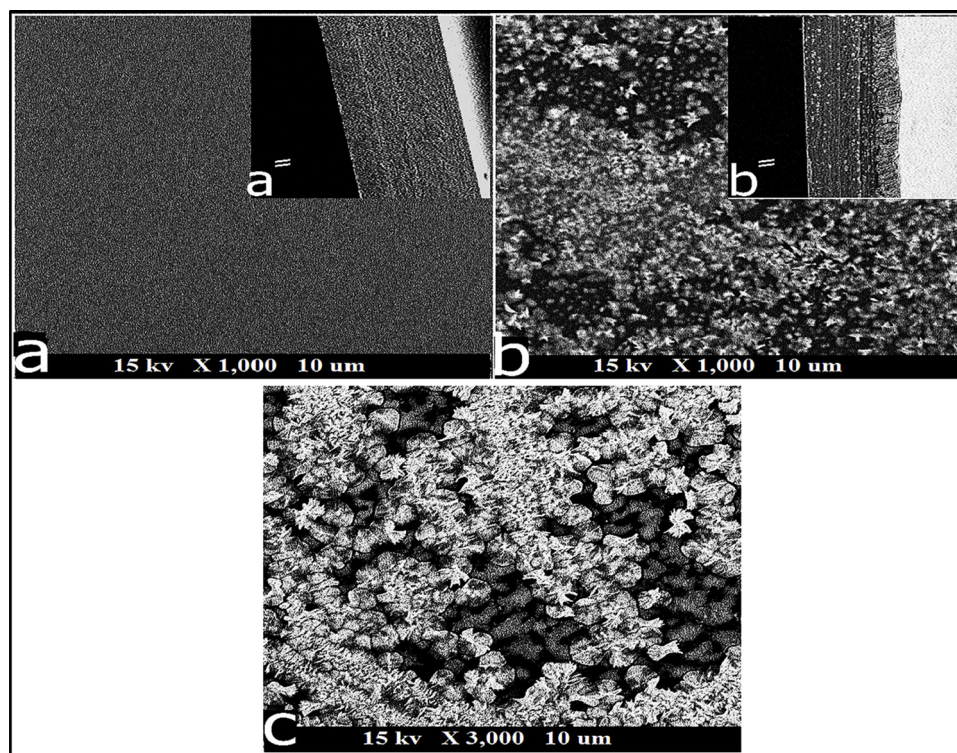


Fig. 3. SEM micrograph of the HEC/CA [a: surface; a': cross-section] and HEC/CA/ZnO [b: surface; b': cross-section; and c: surface] films. White color indicates the distribution of ZnO (HEC: Hydroxyethylcellulose; CA: Citric acid; ZnO: Zinc oxide).

Table 2
Water uptake percentage of HEC/CA and HEC/CA/ZnO films.

Time (h)	ZnO concentration (%)			
	0	0.05 %	0.1 %	0.2 %
2	138 ± 15 ^a	190 ± 12 ^b	150 ± 13 ^a	97.9 ± 13 ^c
4	160.8 ± 15 ^a	242.7 ± 19 ^b	219.1 ± 16 ^b	136.7 ± 15 ^c
8	176.9 ± 24 ^a	272.7 ± 24 ^b	241.8 ± 20 ^b	149.8 ± 10 ^c
24	193.1 ± 20 ^a	307.3 ± 27 ^b	277.3 ± 23 ^c	159.2 ± 11 ^d
48	206.1 ± 27 ^a	354.5 ± 18 ^b	315.1 ± 19 ^b	160.2 ± 13 ^c
72	210.8 ± 22 ^a	359.2 ± 15 ^b	326.4 ± 17 ^b	162.2 ± 17 ^c
168 (week)	213.3 ± 24 ^a	362.1 ± 31 ^b	324.5 ± 22 ^b	165.4 ± 12 ^c

*The analysis was done at a fixed time with the change in ZnO concentrations.

suitability for a specific application. Films behave like sponge porous material after 2 h, it has a high degree of water uptake (Table 2). The presence of strong hydrogen bonding between HEC/CA film chains makes it has 138 % water uptake (van der Linden, Herber, Olthuis, & Bergveld, 2003). This strong interaction facilitates water absorption and swelling without being dissolved and the results agree with earlier work for HEC crosslinked using CA (Bajpai, Jadaun, & Tiwari, 2016; El Fawal et al., 2018). Due to the presence of ZnO nanoparticles within the network that enhances the swelling percentage by interacting with water molecules, we found that the film containing ZnO (0.05 %) shows a high-water uptake (Bajpai et al., 2016). The swelling percentage decreases as ZnO concentration increases because ZnO makes more bonding with carboxyl groups and this leads to decrease in the free carboxyl groups for water molecules. These results agree with the work of Tingting et al. (2019) when used ZnO with sodium alginate and they found that ZnO effect on the swelling behavior of the films. Also, the results agree with work of Zulkifli et al. when used silver nanoparticle with HEC to prepare scaffolds for skin tissue engineering applications (Zulkifli et al., 2017).

3.7. Mechanical properties

Fig. 5 shows the effect of ZnO on the mechanical properties of HEC/CA and HEC/CA/ZnO films. The effect depends on the density and distribution of intra and intermolecular interactions among the polymer chains (Chambi & Grosso, 2006). The thickness of HEC/CA film is $24 \pm 2 \mu\text{m}$ and it increases by 29.2 % after formation HEC/CA/ZnO film (0.2 %). A similar result was observed by Kanmani and Rhim (2014) for carrageenan and carboxymethylcellulose films, the thickness increased with the addition of ZnO. Also, a similar result was reported

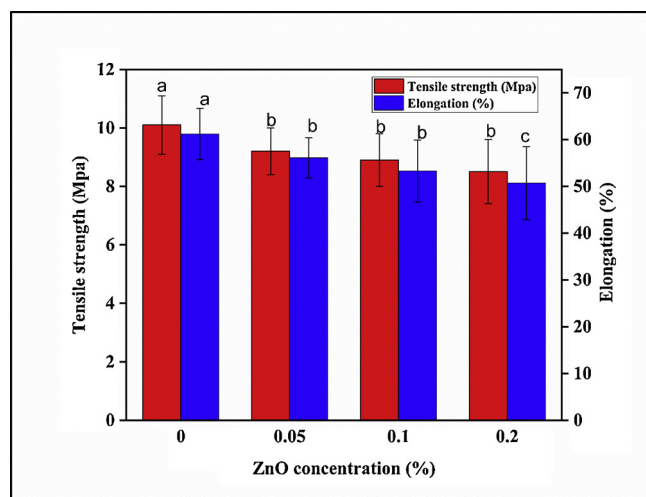


Fig. 5. Mechanical properties of HEC/CA and HEC/CA/ZnO films (HEC: Hydroxyethylcellulose; CA: Citric acid; ZnO: Zinc oxide).

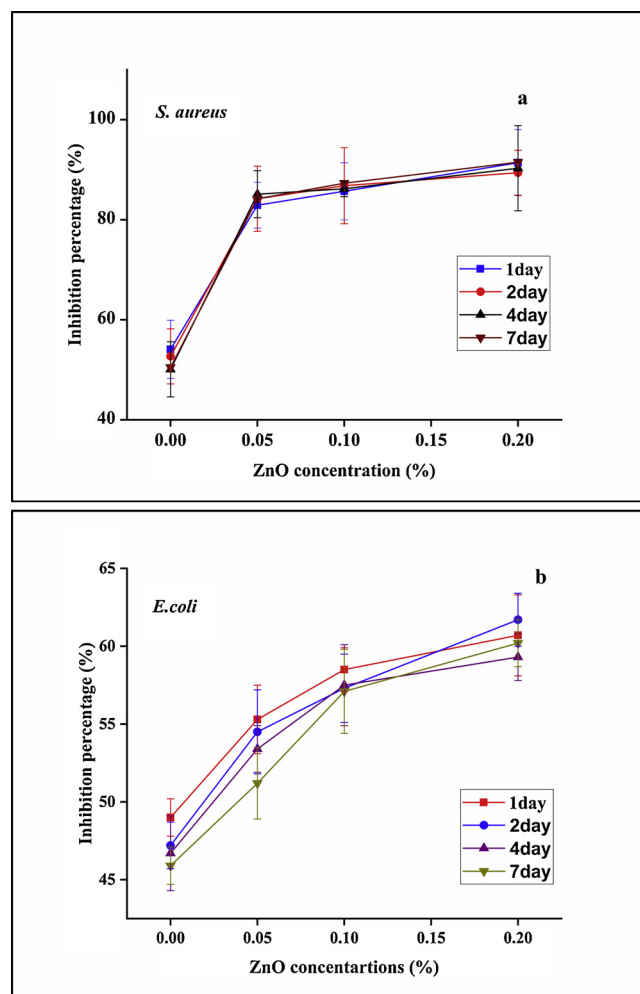


Fig. 6. Antibacterial activities of the HEC/CA and HEC/CA/ZnO films against *S. aureus* (a) and *E. coli* (b) (HEC: Hydroxyethylcellulose; CA: Citric acid; ZnO: Zinc oxide).

for poly(vinyl chloride) (PVC) films with ZnO NPs (Li, Xing, Li, Jiang, & Ding, 2010). When ZnO concentration increases from 0.05 to 0.2 %, the tensile strength decreases from 10.1–8.5 MPa. The decrease in mechanical properties with increasing ZnO refer to agglomeration, re-crystallization, and non-uniform distribution of ZnO in the HEC/CA/ZnO film. These factors cause weak interfacial interaction between ZnO and HEC/CA matrix and cause decrease for mechanical properties. A similar result was reported earlier when ZnO was added to carboxymethyl cellulose and carrageenan (Oun & Rhim, 2017; Yu et al., 2009).

3.8. Antibacterial activity determination

Due to the presence of citric acid, HEC/CA film shows moderate inhibition percentage against *S. aureus* and *E. coli* strains (Fig. 6a, b). Earlier results were reported using citric acids to inhibit *E. coli* and *S. aureus* (Al-Rousan et al., 2018). But the inhibition percentage increases when ZnO was used, especially with *S. aureus* from 50.5 % to 91.5 % and for *E. coli* from 45.9 % to 60.2 % (after one week). The results confirm that ZnO is less effective against Gram-negative (*E. coli*) than Gram-positive (*S. aureus*) strains. The inhibition percentage against *S. aureus* and *E. coli* is high even after one week. Those results agree with earlier work of Anitha et al. (2012) and Nafchi, Alias, Mahmud, and Robal (2012) when they incorporated ZnO with cellulose acetate and sago starch. They found that ZnO was less effective against *E. coli* than

S. aureus strains. The ZnO antimicrobial activity depends on the bacterial cell wall structure. The cell wall structure of *E. coli* is complex with a fine peptidoglycan layer, while the cell wall structure of *S. aureus* is thick with many layers of peptidoglycan surrounded by an outer membrane (Anitha et al., 2012; Paisoonsin et al., 2013). In the case of *E. coli*, ZnO link with bacterial cell membrane that has phospholipids, lipopolysaccharide, and lipoprotein which decrease ZnO attachment (Anitha et al., 2012). But in case of *S. aureus*, ZnO link with a bacterial outer cell wall that has pores enough to facilitate ZnO penetration into the cells and therefore leads to intracellular contents leakage and the cell dies (Li, Feng et al., 2010). Many possible action mechanisms have been reported for ZnO antimicrobial activity. One of them supposes the highly reactive oxygen compounds generation like superoxide and hydroxyl radicals, peroxide ions, and hydrogen peroxide from ZnO surface (Li et al., 2009; Paisoonsin et al., 2013; Zhang et al., 2010). The hydroxyl and superoxide radicals - negatively charged- will stay in external bacteria cell wall membrane and damage the lipids, DNA, and proteins, whereas hydrogen peroxide can enter into the bacteria cell wall membrane and causes cell death (Paisoonsin et al., 2013; Tankhiwale & Bajpai, 2012; Zhang et al., 2010).

4. Conclusion

Different HEC/CA/ZnO films were prepared by a casting method using CA as a crosslinker. The XRD and SEM characterization suggests that ZnO was incorporated into HEC/CA film and the ZnO was distributed heterogeneous on the surface of the film. The wettability results indicated that HEC/CA/ZnO films have good swelling abilities and hydrophilicity. Also, the HEC/CA/ZnO films have good antibacterial properties and consequently, the films inhibited the growth of *S. aureus* (91.4 %) and *E. coli* (61.7 %) bacteria. In conclusion, the HEC/CA/ZnO film can be used as a promising antimicrobial packaging film.

Authors' contributions

All authors contributed equally

Declaration of Competing Interest

There is no Conflicts of interest

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